AUTISM SUPPORT TEAM NEWSLETTER 14

Autism Support Team

Southwark Council
southwark.gov.uk

Welcome to the final newsletter of the school year from Southwark's Autism Support Team (AST).

As is usual at this point in the year, our attention in the team shifts towards transition planning for children moving from nursery to reception as well as all children moving up into a new academic year. Much of our advice to schools at the present time highlights this and encourages that transition planning begins now.

We encourage this to be a collaborative conversation between all those supporting the child.

As well as transition planning, we are also mindful of the long holiday period, which can be a daunting time for many families.

In this newsletter we have tried to compile some information of what is available locally to access over the holidays.

Training & parent support

Contact family courses more info

Autism Voice support groups more info

Spring community club more info

Cygnet parent course (over 5) flyer

Next Steps parent course (under 5) flyer

Primary transition course from SIAS flyer

Secondary transition course from SIAS flyer

Transition Supports

A visual calendar can be used to support children knowing when they will be in school, here is a guide for parents. Here is an editable calendar for July and August, here is one for September. Here are instructions and symbols for the calendar.

A one page profile is a simple summary of what is important to a child and how best to support them, it allows information to be shared quickly.

How to write a one page profile guide is here with examples here, here and here. Twinkl also have guides and proformas. A parent information gathering sheet is here.

Book to support in year transitions here

Secondary Transition Guide and workbook

Passport to support transition from nursery to school here

Transitions

Transition activities to try at home:

- Practice your journey to school (make a map, take pictures along the way).
- Look at pictures/school website to familiarise the child with the new school setting.
- Meet up with/video chat with friends from school.
- Make a list of things they are looking forward to at school.
- Write a letter/draw a picture to share with your teacher.
- Take some photos of your child with favourite things to show the teacher.
- Practice putting on school uniform .

What's On

SPRING HOLIDAY CLUB/ SPRING COMMUNITY HUB

A summer programme specifically for children with SEND.

Ages: 4-16

Location: 64 Wilson Rd, SE5 8PE

Email– office@cschub.co.uk

Website: www.cschub.co.uk

BETHWIN ROAD PLAYGROUND

Free Adventure Playground, they also run activities that require registering for.

Ages: 6-16

Location: 4 Bethwin Rd, Camberwell, SE5 0HF

Email– B.R.A.PG@hotmail.com

Website: click here

AUTISM FRIENDLY/ RELAXED CINEMA

Cinema's throughout London and the U.K. offer special screening of films in a more relaxed and autism friendly environment. For the most up to date information on cinemas, films and times click here

Southwark Summer Food and Fun school holiday activity and food programme for children aged 5 to 16 on benefits related free school meals here

PECKHAM PULSE LEISURE CENTRE

Swimming for the whole family. Under 16's cost £1.75 and one carers can go for free. Your child must be registered at Peckham Pulse and swimming spots need to be booked.

Location: 10 Melon Rd, London, SE15 5QN

Website: click here

SPLASH PAD/ SPRINKLER PARKS

List of free parks near Southwark Council with Splash Pads/Sprinkler Parks:

- Northwood Park
- Myatts Field Park
- Ruskin Park
- Sydenham Wells Park

Autism Friendly outdoor activities around London here

AUTISM IN MUSEUMS Relaxed museum events throughout London. Information here

Performing visual art and music clubs more info Sports clubs here

Short breaks available in Southwark list

For more suggestions check the local offer, click here

A club for young people with learning disabilities and young autistic people aged 10-25 and their family and friends poster and letter

Super Seven

DIY sensory fun! here

Back to school bingo here

Fun games to get ready for starting school here

BBC Bitesize online game about starting school here

Practice playing playground games here

Practice Fine Motor skills and continue/get ready for sensory circuits at school here

Make a calm down box and practice using it here