NSPCC Learning has a range of training and resources to help educational and safeguarding professionals protect young people from abuse and neglect:

<u>**EYFS/Reception:**</u>

- **PANTS – The Underwear Rule** resources for schools and teachers - a simple way to talk to young school children about staying safe from sexual abuse. Download free resources including a lesson plan, slide presentation, curriculum links, classroom activities and more: https://learning.nspcc.org.uk/research-resources/schools/pants-teaching
- **PANTS for Autistic and d/Deaf Children** additional teaching resources for SEND children and their parents/carers: https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/pants-guides
- **Look, Say, Sing, Play** - early years resources to use and share with parents: https://learning.nspcc.org.uk/research-resources/leaflets/look-say-sing-play-early-years-resources-parents

<u>**Primary Pupils (KS1 & KS2, age 5-11):**</u>

- **'Speak Out. Stay Safe.'** virtual assemblies, co-hosted by Ant & Dec, with fully prepared, classroom resources, to extend learning: www.nspcc.org.uk/speakout.. <u>Register here for the virtual assemblies</u>: https://learning.nspcc.org.uk/services/schools-form. The programme helps children understand:
  - o abuse in all its forms and how to recognise signs of abuse
  - o that abuse is never a child's fault and that they have the right to be safe
  - o where to get help and the sources of help available to them, including our **ChildLine** service
  - o these virtual assemblies can be followed up with in-person workshops for Years 5/6, delivered in school by **NSPCC** volunteers.
- **SEND Pupils:** a specially adapted version of *'Speak Out. Stay Safe.'* for delivery on a 1:1/small group basis over 6 sessions with a range of adaptable supporting materials. Invaluable to support children on EHC plans who are often supported by a 1:1 adult. <u>Register here for the SEND version of *'Speak Out. Stay Safe'*</u>: https://learning.nspcc.org.uk/services/schools-send-form

<u>**Secondary/Further Education Pupils (11+):**</u>

- **It's Not OK** helps children and young people recognise concerning behaviour and identify characteristics of positive relationships. The lesson plans, films and accompanying activities cover what behaviour to look out for and how to respond to it: https://learning.nspcc.org.uk/research-resources/schools/its-not-ok. **It's Not OK** reinforces the importance of building and maintaining positive relationships and recognising and responding to behaviour relating to:
  - o online safety
  - o grooming
  - o sexting
  - o harmful sexual behaviour
  - o child sexual abuse
  - o child sexual exploitation.
- **Love Life** resources for young people with learning disabilities - films and supporting resources to explore topics such as emotions, relationships and identity with young people with SEND aged 11-25: https://learning.nspcc.org.uk/research-resources/schools/love-life. The resources enable adults to start conversations with young people about:
  - o feelings
  - o privacy and boundaries

  - o friendship
  - o different kinds of love
  - o online safety.

- **Stop Speak Support school pack** – prevention of cyberbullying: targets teenagers who are 'bystanders' of online bullying – it encourages pupils to be good digital citizens and equip them with the skills to know what they should do if they encounter bullying online. https://learning.nspcc.org.uk/research-resources/schools/stop-speak-support-school-pack
- **Talk Relationships** an e-learning course for teachers who deliver Relationships & Sex Education in secondary schools which will be available initially at no cost, for a time-limited period, from September 2022 (usual price £25). The resources aim for all young people to grow up understanding healthy and harmful behaviours within relationships, recognising their right to be safe, heard and respected, and knowing how to get help from a trusted adult if they need it. To register interest in this CPD visit: https://learning.nspcc.org.uk/services/talk-relationships-ryi (*KS2 Teachers of Year 6 pupils may also find this content relevant*)

The **NSPCC** has additional material to ensure all schools deliver safeguarding practices which are the best they can be:

- **Safeguarding in Education Update** – a free monthly email helping school leaders keep their skills and knowledge up-to-date with the latest education safeguarding and child protection news: https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update
- **Safeguarding and Child Protection in Schools** – https://learning.nspcc.org.uk/safeguarding-child-protection-schools - resources include:
  - whole-school policies and procedures
  - free online tool to audit a school's safeguarding with shareable action plans
    https://learning.nspcc.org.uk/safeguarding-self-assessment-tool
- **Online Safety for Families and Children with SEND:** https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send/
- **Relationships and Sex Education (RSE) Resources for Schools** – the NSPCC has a range of teaching resources to help schools plan health, relationships and sex education that protects young people and promotes healthy wellbeing: https://learning.nspcc.org.uk/research-resources/schools/relationships-health-and-sex-education-resources
- **Safeguarding Deaf and Disabled Children and Young People** – for guidance and training: https://learning.nspcc.org.uk/safeguarding-child-protection/deaf-and-disabled-children
- **Safeguarding Children with SEND** – for guidance and training: https://learning.nspcc.org.uk/safeguarding-child-protection-schools/safeguarding-children-with-special-educational-needs-and-disabilities-send
- **AGENDA Toolkits and Resources** online toolkits to explore ideas around equality and diversity with both primary and secondary students, empowering them to engage with issues they care about: https://learning.nspcc.org.uk/research-resources/2019/agenda-promoting-positive-relationships-schools-communities#article-top
- **Promoting Healthy Relationships** information to help educators promote healthy relationships to children of different ages, including specific curriculum guidance: https://learning.nspcc.org.uk/safeguarding-child-protection-schools/promoting-healthy-relationships
- **How to Have Difficult Conversations with Children** helps boost adults' confidence in raising and addressing challenging topics with children: https://learning.nspcc.org.uk/safeguarding-child-protection/how-to-have-difficult-conversations-with-children
- **Harmful Sexual Behaviour in Schools Training** feel confident recognising and responding to incidents of harmful sexual behaviour in their primary or secondary setting: https://learning.nspcc.org.uk/training/harmful-sexual-behaviour-hsb-schools

- **Trauma and Child Brain Development** - sharing the **Brain Story** uses six key metaphors to improve understanding of child development and give positive brain building experiences to children who have experienced trauma: https://learning.nspcc.org.uk/child-health-development/childhood-trauma-brain-development

For professionals with a wider interest in safeguarding, the NSPCC has:

- **CASPAR** – a newsletter for practice, policy and research delivers free weekly email alerts to keep professionals up-to-date with all the latest safeguarding and child protection news. Register here: https://learning.nspcc.org.uk/newsletter/caspar
- **Safeguarding Training and Resources**: news, research, resources, training, services and more can be found here: https://learning.nspcc.org.uk/
- **Child and Family Direct Services**: https://learning.nspcc.org.uk/services-children-families
- **Consultancy**: https://learning.nspcc.org.uk/services/child-protection-consultancy
- **Library and Information Service**: https://learning.nspcc.org.uk/services/library-information-service
- **Training in Safeguarding and Child Protection**: a range of in-person and online courses. https://learning.nspcc.org.uk/training
- **Research and Resources:** https://learning.nspcc.org.uk/research-resources
- **Case Reviews:** https://learning.nspcc.org.uk/case-reviews
- **Safer Recruitment –** for both education and non-education settings: https://learning.nspcc.org.uk/safeguarding-child-protection/safer-recruitment
- **Child Health and Development** - use these resources to find out about child health and development, spot and respond to signs of mental health issues and foster strong mental health and development in children: https://learning.nspcc.org.uk/child-health-development

As the Schools Coordinator for your area, I am more than happy to discuss and support your safeguarding needs to help ensure that you, children you support and those around them have the tools, skills and knowledge to help keep young people as safe as possible.

Please do get in touch.

Rachael Phillips (she/her)
NSPCC Schools Coordinator: Lambeth, Southwark, Lewisham and Greenwich
NSPCC Schools Service

Mobile: 07969 794616
Direct Line: 01634 564737
E-mail: rachael.phillips@nspcc.org.uk

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