

Nell Gwynn Nursery School Menu WEEK ENDING 9-6-23

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat**

| | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|-------------------|--|--|---|---|---|
| <i>MEAT/FISH</i> | <i>CHICKPEA CURRY</i> | <i>CHEESE AND TOMATO PIZZA(wheat,dairy,soya)</i> | <i>MACARONI CHEESE(wheat,dairy, milk)</i> | <i>QUORN BOLOGNESE(egg)</i> | <i>VEGETABLE PIZZA(wheat,dairy, soya)</i> |
| <i>VEGETARIAN</i> | <i>BASMATI RICE DUMPLINGS(soya)</i> | <i>VEGETABLE EGG NOODLES(egg)</i> | <i>FISH(LESS) FINGERS</i> | <i>SPAGHETTI(wheat) DUMPLINGS(soya)</i> | <i>NEW POTATOES</i> |
| <i>VEGETABLES</i> | <i>CARROTS</i> | <i>ROAST POTATOES BAKED BEANS</i> | <i>POTATO WEDGES BAKED BEANS</i> | <i>PEAS SWEETCORN</i> | <i>BAKED BEANS CARROTS</i> |
| <i>DESSERTS</i> | <i>CORNFLAKE CAKES(milk) FRESH FRUIT PLATTER</i> | <i>FRESH FRUIT PLATTER</i> | <i>FRESH FRUIT SALAD ICE-CREAM(milk)</i> | <i>FRESH FRUIT PLATTER</i> | <i>FLAPJACK (dairy,wheat) FRESH FRUIT</i> |
| <i>DRINKS</i> | <i>FRESH WATER</i> | <i>FRESH WATER</i> | <i>FRESH WATER</i> | <i>FRESH WATER</i> | <i>FRESH WATER</i> |
| | <i>MONDAY</i> | <i>TUESDAY</i> | <i>WEDNESDAY</i> | <i>THURSDAY</i> | <i>FRIDAY</i> |

Please note : We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal.

