

# Nell Gwynn Nursery School Menu    WEEK ENDING 14-7-23

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat\**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>MEAT/FISH</i>	<i>CHICKPEA CURRY</i>	<i>MACARONI CHEESE(dairy,wheat,milk)</i>	<i>VEGETABLE BOLOGNESE</i>	<i>JERK CHICKEN*</i>	<i>TOMATO AND BASIL PASTA(wheat)</i>
<i>VEGETARIAN</i>	<i>PLAIN RICE NEW POTATOES</i>	<i>PLAIN PASTA BREAD AND BUTTER(wheat)</i>	<i>SPAGHETTI(wheat) GARLIC BREAD(wheat)</i>	<i>MEAT FREE MEATBALLS IN SAUCE RICE</i>	<i>PLAIN PASTA POTATO CROQUETTES</i>
<i>VEGETABLES</i>	<i>COLESLAW(egg) PEAS</i>	<i>ROASTED VEG BAKED BEANS</i>	<i>POTATO SALAD(egg)</i>	<i>MIXED VEGETABLES</i>	<i>CARROT PEAS</i>
<i>DESSERTS</i>	<i>FRESH FRUIT PLATTER</i>	<i>CORNFLAKE CAKES(milk) FRESH FRUIT PLATTER</i>	<i>BANANA CAKE(egg,dairy,wheat) FRESH FRUIT PLATTER</i>	<i>CORNFLAKE CAKES(milk) FRESH FRUIT PLATTER</i>	<i>FRESH FRUIT PLATTER</i>
<i>DRINKS</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>
	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>

**Please note :** We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal.

