

Nell Gwynn Nursery School Menu WEEK ENDING 22-9-23

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>MEAT/FISH</i>	<i>VEGETABLE CURRY</i>	<i>MARGARITA PIZZA(wheat,milk,soya)</i>	<i>JERK CHICKEN WINGS*</i>	<i>TOMATO AND BASIL PASTA(wheat)</i>	<i>CHEESE AND TOMTO PIZZA(wheat,milk,soy</i>
<i>VEGETARIAN</i>	<i>PLAIN RICE DUMPLINGS(wheat, soya) SALAD</i>	<i>NEW POTOTOES SALAD</i>	<i>VEGETABLE SPING ROLLS(wheat,soya) RICE</i>	<i>PLAIN PASTA(wheat) POTATO BALLS</i>	<i>VEGETABLE EGG NOODLES(egg)</i>
<i>VEGETABLES</i>	<i>COLESLAW(egg)</i>	<i>BROCCOLI</i>	<i>CARROTS BROCCOLI</i>	<i>CARROTS SWEETCORN</i>	<i>BAKED BEANS COLESLAW(egg)</i>
<i>DESSERTS</i>	<i>FRESH FRUIT PLATTER</i>	<i>CORN FLAKE CAKE(milk,wheat) FRESH FRUIT PLATTER</i>	<i>CARROT CAKES(wheat,egg, dairy) AND CUSTARD</i>	<i>FRESH FRUIT PLATTER</i>	<i>RAISIN CAKE(wheat,dairy,egg BANANAS</i>
<i>DRINKS</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>
	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>

Please note : We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal.

