

# Nell Gwynn Nursery School Menu    WEEK ENDING 20-10-23

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat\**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>MEAT/FISH</i>	<i>JACKET POTATO WITH BEANS</i>	<i>BEEF SPAGHETTI BOLOGNESE*</i>	<i>TUNA AND SWEETCORN PASTA(wheat)</i>	<i>SHEPPARD'S PIE GRAVY(wheat)</i>	<i>JERK CHICKEN WINGS*</i>
<i>VEGETARIAN</i>	<i>GRATED CHEESE(milk) VEGETABLE EGG NOODLES(egg)</i>	<i>VEG SPAGHETTI BOLOGNESE PITTA BREAD</i>	<i>TOMATO AND SWEETCORN PASTA (wheat)NEW POTATOES</i>	<i>MEATFREE MEATBALLS IN GRAVY(wheat) CROQUETTES</i>	<i>FISHLESS FINGERS(wheat) RICE</i>
<i>VEGETABLES</i>	<i>COLESLAW(egg)</i>	<i>SWEETCORN</i>	<i>CARROTS PITTA BREAD(wheat)</i>	<i>PEAS CARROTS</i>	<i>POTATO SALAD(egg)</i>
<i>DESSERTS</i>	<i>FRESH FRUIT PLATTER</i>	<i>RAISIN CAKE (wheat,egg,dairy) FRESH FRUIT PLATTER</i>	<i>ROCK CAKES(egg,dairy, wheat)FRESH FRUIT</i>	<i>RAISIN CAKE(wheat,dairy,egg) FRESH FRUIT PLATTER</i>	<i>FRESH FRUIT PLATTER</i>
<i>DRINKS</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>
	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>

**Please note :** We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal.

