# *Nell Gwynn Nursery School Menu*     **WEEK ENDING 13-10-23**

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat\**

|  | *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
|---|---|---|---|---|---|
| *MEAT/FISH* | *VEGETABLE BOLOGNESE* | *JERK CHICKEN\** | *CHEESE AND TOMATO PIZZA(wheat,soy,dairy* | *BEEF BOLOGNESE\** | *TOMATO AND RED PEPPER PASTA(wheat)* |
| *VEGETARIAN* | *SPAGHETTI(wheat) DUMPLINGS(wheat, soya)* | *CHICKPEA CURRY PLAIN RICE* | *NEW POTATOES VEGETABLE PAKORAS* | *MEAT FREE DIPPERS SPAGHETTI(wheat)* | *GRATED CHEESE(milk) DUMPLINGS(wheat soya)* |
| *VEGETABLES* | *CORN ON THE COB* | *MIXED VEGETABLES* | *CARROTS* | *MIXED VEGETABLES* | *COLESLAW(egg)* |
| *DESSERTS* | *PEACH YOGHURTS(milk) FRESH FRUIT PLATTER* | *CORNFLAKE CAKES(milk) FRESH FRUIT PLATTER* | *FRESH FRUIT AND ICE-CREAM(milk)* | *RAISIN CAKE(wheat,dairy,egg) FRESH FRUIT PLATTER* | *FRESH FRUIT PLATTER* |
| *DRINKS* | *FRESH WATER* | *FRESH WATER* | *FRESH WATER* | *FRESH WATER* | *FRESH WATER* |
|  | *MONDAY* | *TUESDAY* | *WEDNESDAY* | *THURSDAY* | *FRIDAY* |

**Please note :** We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.
If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.
- Fresh water is offered with every meal.