

Nell Gwynn Nursery School Menu WEEK ENDING 1-12-23

*If pupils have any dietary or allergy concerns, Parents please, speak to our Catering Manager Ruth. Halal meat**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>MEAT/FISH</i>	<i>MARGARITA PIZZA(wheat,milk,soy)</i>	<i>JERK CHICKEN*</i>	<i>BEEF SPAGHETTI BOLOGNESE* (wheat)</i>	<i>TOMATO AND BASIL PASTA(wheat)</i>	<i>CHEESE AND TOMATO PIZZA(wheat,milk,soy)</i>
<i>VEGETARIAN</i>	<i>VEGETABLE EGG NOODLES(egg) BABY TOMATOES</i>	<i>BASMATI RICE DUMPLINGS(wheat,soya)</i>	<i>FISHLESS FINGERS PAKORAS</i>	<i>GARLIC BREAD(wheat) COLESLAW(egg)</i>	<i>VEGETABLE EGG NOODLES(egg)</i>
<i>VEGETABLES</i>	<i>CARROTS BRUSSELS SPROTS</i>	<i>CARROTS</i>	<i>GARLIC BREAD(wheat) MIXED VEG</i>	<i>SWEETCORN</i>	<i>COLESLAW(egg) SWEETCORN</i>
<i>DESSERTS</i>	<i>FRESH FRUIT PLATTER</i>	<i>FRESH FRUIT PLATTER CORNFLAKE CAKE(wheat)</i>	<i>FRESH FRUIT PLATTER</i>	<i>CARROT CAKE(wheat,dairy,egg) FRESH FRUIT PLATTER</i>	<i>ROCK CAKES(dairy,wheat, egg,milk) AND CUSTARD</i>
<i>DRINKS</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>	<i>FRESH WATER</i>
	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>

Please note : We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal.